



Operative hysterosocpy for nurse practitioners course



Learn Practice Reflect Excel

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Who is this course for?

This 1 day intensive course is for nurse practitioners that currently or plan to undertake operative hysteroscopy, to rapidly gain competency and improve your skills. This course will lay the foundations and rapidly progress your skills, for the benefit of patients.

What will I learn?

This course will take you through the basic principles of operative hysteroscopy followed by high-volume procedural practice on life-like models. Delegates will progress through the EMIGS curriculum, with the aim of sign off.

Why should I do this course?

Take advantage of the latest technology-enhanced training methodology to progress your skills faster than ever before. We will work towards EMIGS accreditation sign off and all videos, assessments and metrics will be stored on your Totum profile where you will be able to access this for a full year's complimentary subscription.

Course description

Step into the world of operative hysteroscopy with this 1-day intensive course designed specifically for nurse practitioners looking to enhance their skills in diagnostic and operative procedures.

On the day:

- | | |
|-----------|---|
| Module 1: | Build foundational skills with EMIGS H1 and H2 hysteroscopy simulators, mastering navigation, identification, and basic removal techniques. |
| Module 2: | Develop precision with adhesiolysis, removing intra-uterine adhesions using the advanced HystAR simulator while tracking performance metrics. |
| Module 3: | Tackle polypectomy techniques using sharp and blunt dissection to remove intra-uterine polyps with reflective video analysis for improvement. |
| Module 4: | Advance to real-world procedural simulations in a wet lab environment: <ul style="list-style-type: none">● Fundal block● Dilation and curettage● Myomectomy |

Throughout the course, benefit from video-recorded performance reviews, expert facilitation, and intensive hands-on practice, ensuring confidence in operative techniques and readiness for clinical application. Learn, practice, and refine your hysteroscopic skills to excel in operative gynaecology.



1 Day course:

Module 1: EMIGS hysteroscopy H1 and H2

Delegates will progress through the EMIGS H1 and H2 hysteroscopy simulator tasks, for practice towards EMIGS accreditation.

H1

Using the H1 simulator, delegates will undertake diagnostic hysteroscopy, with identification of numerical markers using the 30-degree hysteroscope.

H2

Using the H2 simulator, delegates will undertake diagnostic hysteroscopy and removal.

Module 2: Adhesiolysis

Using the HystAR simulator, delegates will undertake diagnostic hysteroscopy and adhesiolysis of intra-uterine adhesions. Each delegate will have the opportunity to undertake up to 5 adhesiolysis modules and operative metrics and video will be recorded and available to reflect upon between each case.

Module 3: Polypectomy

Using the HystAR simulator, delegates will undertake diagnostic hysteroscopy and polypectomy of intra-uterine polyps using sharp and blunt dissection. Each delegate will have the opportunity to undertake up to 5 polypectomy modules and operative metrics and video will be recorded and available to reflect upon between each case.



Module 4: Advanced hysteroscopic skills: Wet lab

In the final module, delegates will progress to the advanced skills of fundal block and dilation and curettage. These models will be in a wet-lab format, supported by industry.

Fundal block

Using the HystAR simulator, delegates will undertake diagnostic hysteroscopy and fundal block. Each delegate will have the opportunity to undertake up to 5 fundal block modules and operative metrics and video will be recorded and available to reflect upon between each case.

Dilation and curettage

Using the HystAR simulator, delegates will undertake diagnostic hysteroscopy and dilation and curettage. Each delegate will have the opportunity to undertake up to 5

dilation and curettage modules and operative metrics and video will be recorded and available to reflect upon between each case.

Myomectomy

Using the HystAR simulator, delegates will undertake diagnostic hysteroscopy and myomectomy. Each delegate will have the opportunity to undertake up to 5 myomectomy modules and operative metrics and video will be recorded and available to reflect upon between each case.

Timetable

Example timetable:

Time	Exercise	Location
09.00 – 09.30	Delegate arrival	
09:30 – 09.45	Introduction and agenda for the day	Boardroom
09.45 - 10.30	EMIGS H1 practice	Skills Lab
10.30 - 11.15	EMIGS H2 practice	Skills lab
11.15 – 11.45	Hysteroscopy masterclass tutorial	Boardroom
11.45 – 12.15	Adhesiolysis practical (dry lab)	Skills lab
12.15 – 13.00	LUNCH	Catering area
13.00 - 13.45	Polypectomy dry lab practical	Skills lab
13.45 - 14.00	Industry-led session and demonstration	Skills lab
14.00 – 14.30	Fundal block wet lab practical	Skills lab
14.30 – 15.30	Dilatation and curettage wet lab practical	Skills lab
15.30 - 16.30	Myomectomy wet lab practical	Skills lab

Learning outcomes

1. To understand the principles of hysteroscopy
2. To understand the benefits, limitations and indications of hysteroscopy
3. To practice and demonstrate basic hysteroscopic skills including: hysteroscope navigation and manipulation of objects.
4. To practice and demonstrate basic hysteroscopic techniques in tandem with EMIGS H1 and H2
5. To practice and demonstrate hysteroscopic adhesiolysis in a dry lab model
6. To practice and demonstrate hysteroscopic polypectomy in a dry lab model
7. To practice and demonstrate hysteroscopic fundal block in a wet lab model
8. To practice and demonstrate hysteroscopic dilation and curettage in a wet lab model
9. To reflect and improve on performance using video-recording review and analysis of operative performance metrics.





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